#### SUNDAY BUNCH RIDES SCHEDULE

# **INFORMATION – Meeting Place and Time**

The bunch leaves Sundial Square at 8.30am, Richmond with riders from Nelson meeting at 8am at the Muller Fountain on Haven Road, riding through Tahunanui, Stoke out to Richmond, so you can join on route. Times are to be punctual. If you are looking for a shorter ride just peel off.

#### FIRST WEEK-END OF THE MONTH

## 88 Valley/Spooners/88 Valley: 100+kms

Head out onto State Highway 6 South toward Brightwater, left onto River Terrace Rd and right onto Mt Heslington left onto Lord Rutherford South/Bird Road, left onto State Highway 6 turn left onto 88 Valley Road. Turn right onto Wai-iti Valley, left onto State Highway, head over Spooners. At the top of Spooners is a great place to catch your breath snack on a bar and maybe put on a vest. (turn round if you are looking for shorter ride) Head South over Spooners to the first left onto North Road and an immediate left onto Valley Rd Left on to stock road and right onto 88 Valley Road. Right onto State Highway 6, North to Richmond – Home, or carry on.

#### SECOND WEEK-END OF THE MONTH

## Four Peaks: 100kms

Head out onto State Highway 6 towards Brightwater, left onto River Terrace Rd, right onto Mt Heslington, left onto Lord Rutherford South/Bird Rd. Left onto State Highway 6 through Wakefield and Belgrove, over Spooners, right at Kohatu to Tapawera. Heading West over Stanley Brook hill look for a right turn onto Dovedale Rd and a left on Neudorf Rd. Once over Neudorf Hill, looking for a challenge, turn right onto Kelling Rd to the Moutere Highway turn right through the Moutere Village, over the Moutere Hill – Home, or carry on.

## THIRD WEEK-END OF THE MONTH

## **Roller Coastal: 100kms**

Head out onto State Highway 6 towards Brightwater. Turn right at the Brightwater Inn, through Brightwater onto Waimea West Road and then onto the Moutere Highway. Once over the Moutere Hill take the first right on Old Coach Rd, left on George Harvey/Best Rds, left on Gardner Valley Rd to Cemetery Corner. Right on Moutere Highway, right on Harley's Rd, left onto Coastal Highway with an immediate right onto Aporo Rd, right onto Marriages, left on Pomona Rd, right onto Stafford Drive (becomes Mapua Drive). Right onto Seaton Valley Rd and under Highway straight ahead to Old Coach Road left on Moutere hill. Once back on the Moutere Highway make your way back to Richmond – Home, or carry on.

## FOURTH WEEK-END OF THE MONTH

#### The Scenic Route: 100kms

Head out onto State Highway 6 towards Brightwater. Right turn at Brightwater Inn, through Brightwater onto Waimea West Road and then onto the Moutere Highway. Follow the Moutere, left onto Oldhouse Rd, continue down Central Rd, left onto Edwards Rd over the Waiwheros, left at Ngatimoti, right over the Peninsular Bridge then left up Westbank to the Batten Bridge, right onto Mot Valley and left at Dovedale Rd, left onto Neudorf Rd towards Neudorf, over Neudorf Hill, right onto Moutere Highway, over the Moutere Hill to home, or carry on.

# FIFTHE WEEK-END OF THE MONTH (on a five week month) High 5: 100kms

Head south on State Highway 6 – right at Brightwater onto Waimea West Rd, continue over the Moutere Hill, right onto Old Coach Rd, right onto Dominion Rd, turn and left towards Mapua, follow Coast Rd through Ruby Bay and Tasman, turn left then right onto Harley Rd, right onto Moutere Highway, left at Edward Rd, left onto Central Rd follow though over Oldhouse Rd, left onto Moutere Highway, through the Village and over the Moutere Hill to home, or carry on.

# **SUNDAY BUNCH RIDES – ETIQUETE and INFORMATION**

The Sunday Bunch ride is a steady recovery or stamina ride depending if you raced the day before, anyone can come along as long as they are prepared with enough food and drink for a 3+ hr ride. Also make sure your bike is safe, tires are good, bring you own pump, tubes etc, jacket if the forecast looks wet, everything you would take if riding by yourself.

The pace will be steady, you should be able to talk to the person next to you and that also goes for the climbs, be prepared to ride slower than you are used to while climbing as we want to keep the bunch intact, if anyone feels they want to go faster you can, but please wait at the top of the climbs and be ready to move away once the bunch comes by as it will not stop, we will be happily chatting away.

The bunch will be two abreast unless the road narrows, You all get a turn on the front but the pace remains steady, 3-10mins, stronger riders longer turns. The riders on the front are the calling the shots so have to make the decisions for the whole bunch, best to play it safe at intersections, please stop in formation and keep left at all times, riders at the back will inform if there are cars wanting to pass, communication is the key to a good safe bunch. Hazzards on the road, ie holes, rocks, glass need to be pointed out and called out. Follow the wheel in front and trust the person on the front to call the shots, ie left or right of the rider etc. No half wheeling or over lapping, give yourself space but line up next to the rider by your side, handlebar to handlebar. Remember this is a BUNCH RIDE NOT A RACE..

On the longer rides there will be stops for refuelling etc.

Also, if you feel you are not up to the full distance still come along as most routes have either a shortcut or a turn off point, talk to a few riders as you will always find a few that will do a shorter ride. But always bring enough food or money just in case you get chatting and ride further than you were expecting, happens a lot.

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